

UCLA Jonathan and Karin Fielding School of Public Health: Tier 1: Diversity-specific Courses

Department	Course #	Course Title	Undergraduate or Graduate	Units	Description
Community Health Sciences	90	Aging Frontier: Public Health Perspective	Undergraduate	4	Lecture, three hours; discussion, one hour. Introduction to gerontology from public health perspective, emphasizing prevention of illness and promotion of healthy aging. Special attention to health and aging among women and racial/ethnic minorities. Letter grading
Community Health Sciences	M140	Health Issues for Asian Americans and Pacific Islanders: Myth or Model?	Undergraduate	4	(Same as Asian American Studies M129.) Lecture, three hours; field-work, one hour. Introductory overview of mental and physical health issues of Asian Americans and Pacific Islanders; identification of gaps in health status indicators and barriers to both care delivery and research for these populations. Letter grading
Community Health Sciences	165	Images of Aging and Illness	Graduate	4	Lecture, three hours. Designed for graduate students. Images of aged that students hold, images that serve various professional and commercial interests in society, and images aged themselves use to make sense out of their experiences. Letter grading
Community Health Sciences	205	Immigrant Health	Undergraduate	4	Lecture, two hours; discussion, one hour. Limited to graduate students. Overview of key topics in public health for documented and undocumented immigrants and refugees in U.S. Demographics, health status, behavioral risk factors, and social determinants, health and human rights, and access to healthcare and prevention services. Analysis of public policy across topics. Builds skills necessary to develop integrated approach to health of immigrant populations. Letter grading
Community Health Sciences	220	Racism and Public Health: Social Epidemiologic Approaches	Graduate	4	Seminar, two hours; discussion, one hour. Requisite: Biostatistics 100B. Integration of social epidemiologic methods and critical approaches to study of racial stratification and public health, with focus on (1) conceptualizing racism-related factors as social determinants of health, (2) building methodological competence for conducting research on racism as social determinant of health, and (3) developing critical self-consciousness to better understand how persons' racial- or racism-related perspectives and experiences might inform their research. Letter grading
Community Health Sciences	221	Introduction to Sociocultural Aspects of Health	Graduate	4	Lecture, three hours; discussion, one hour. Examination of how social stratification and culture relate to health and health-related behavior. Consideration of four major status characteristics: age, ethnicity, gender, and socioeconomic status. Description of epidemiological patterns and discussion of social meaning of those four characteristics. Letter grading

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Community Health Sciences	224	Social Determinants of Nutrition and Health	Graduate	4	Lecture, three hours; discussion, one hour. Preparation: one basic nutrition course. Health promotion strategies aimed at reducing chronic disease risk through lifestyle changes have not been particularly successful in addressing needs of socioeconomically disadvantaged groups. Overview of literature supporting relationship between socioeconomic disadvantage and food-related health conditions such as obesity, diabetes, and osteoporosis. Critical examination of plausible pathways from perspectives of multidisciplines (economics, nutrition, sociology, and more), with focus on linkages between social and physical environment (including built environment) and food equity/access; discussion of how food may be catalyst for improving social capital and health. Discussion of examples of local and international efforts to improve access to healthy foods and/or limit access to unhealthy foods. Exploration of methods for assessing social capital and food-related aspects of neighborhood environments. S/U or letter grading
Community Health Sciences	226	Women's Health and Well-Being	Graduate	4	Lecture, four hours. Limited to graduate students. Interdisciplinary perspective critically examining research on women's health. Overview of scientific inquiry and methods; gender roles; status attainment and medical sociology. Review of current data on women's health. Letter grading
Community Health Sciences	235	Influence of Social and Physical Environment on Racial Health Disparities	Graduate	4	Seminar, three hours. Preparation: at least one biostatistics or epidemiology course. Limited to graduate students. Examination of how community stressors and neighborhood resources may contribute to health disparities. Discussion of multiple factors that contribute to environmental injustice and their potential solutions. Do health disparities arise because minorities and low-income populations live in harmful environments? Is relationship between environment and health disparities merely one of potential exposure to chemical/physical hazards, or are there psychosocial mechanisms at community level that act above or beyond effects of physical environment? Letter grading
Community Health Sciences	M239	Race, Ethnicity, and Culture as Concepts in Practice and Research	Graduate	4	(Same as Asian American Studies M239.) Seminar, three hours. Integration of cross-cultural findings in healthcare with current American (U.S.) healthcare system paradigms to facilitate designing culturally based public health programs and train culturally competent practitioners. Letter grading
Community Health Sciences	246	Women's Roles and Family Health	Graduate	4	Lecture, two hours; discussion, one hour. Rapidly changing roles of women throughout world are having important effects on women's own health and that of their families. Analysis of multidisciplinary research Community Health Sciences / 241 from both developing and industrialized countries to provide basis for in-depth discussion of programmatic and policy implications. Letter grading

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Community Health Sciences	248	Women's Mental Health	Graduate	4	Discussion, three hours. Designed for graduate students. Prevalence of psychological distress and psychiatric disorder among women, with emphasis on impact of social and cultural factors, including gender roles and socialization, stratification and inequality, work and family roles, diagnosis, help-seeking behavior, and treatment. Letter grading
Community Health Sciences	M263	Social Demography of Los Angeles	Graduate	4	(Same as Sociology M263.) Lecture, three hours. Designed for graduate students. Use of city of Los Angeles to examine major social and demographic factors that characterize cities in U.S. Examination of role of these factors in affecting health outcomes. Letter grading
Community Health Sciences	284	Sociocultural Aspects of Mental Health	Graduate	4	Discussion, three hours. Designed for graduate students. Examination of how society shapes mental health of its members and lives of those who have been identified as mentally ill. Group differences (e.g., gender, ethnicity) in disorder and how it is socially constructed. Letter grading
Community Health Sciences	285	Aging, Health, and Society	Graduate	4	Lecture, three hours; discussion, one hour. General introduction to major social issues affecting health of elderly in America. Leading gerontological theories and major issues that affect aged, showing how those theories and issues influence health status, health promotion, and illness among elderly. S/U or letter grading
Community Health Sciences	290	Race, Class, Culture, and Aging	Graduate	4	Lecture, three hours; discussion, one hour. Experience of aging for African American, Latino, and Asian elderly examined in context of their families, communities, and nation. Exploration of cultural and structural influences on health and lived experiences of those elders. Letter grading
Community Health Sciences	291	Health Policy and Aged	Graduate	4	Lecture, three hours; discussion, one hour. Examination of political, economic, and social forces that shape health policy for aged, identifying failings in those policies within framework of broader health policy problems. Letter grading
Community Health Sciences	435	Seminar: Advanced Issues in Women's Health	Graduate	4	Seminar, three hours. Preparation: at least one prior women's health course, one to two biostatistics courses, one research methods course. Provides more advanced and in-depth understanding of ways in which scientists "know" and considerations of women's place in scientific discourse. Examination of series of case studies as starting point for discussion. Letter grading

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Community Health Sciences	477	Health Disparities, Health Equity, and Sexual Minority Populations	Graduate	4	Lecture, two hours; discussion, one hour. Limited to graduate students. Examination of health disparities affecting sexual minority populations, category that includes lesbians, gay men, bisexuals, and transgender (LGBT) persons. Use of Healthy People 2010 Companion Document for LGBT Health to outline key health issues and national recommendations for achieving reductions in each area. Discussion of considerations for providing clinical care and public health practice in this population, unique social and contextual factors influencing LGBT health, and methodological issues for conducting research among LGBT persons. S/U or letter grading
Epidemiology	246	Epidemiology of Aging	Graduate	2	Lecture, two hours. Epidemiologic methods of estimating present and future burdens of aging: morbidity, disability, and dependency. Epidemiology of major disabling conditions affecting elderly. Evaluation of possible intervention strategies. Methodologic issues in geriatric epidemiology. S/U or letter grading
Epidemiology	247	Epidemiology of Injuries in Elderly	Graduate	2	Lecture, two hours. Requisite: course 100. Description of frequency of, risk factors for, and possibilities of preventing injuries in elderly populations. Comparison of injury outcomes (morbidity and mortality) in younger versus older populations. Emphasis on methodologic issues of studying elderly people. S/U or letter grading
Health Policy and Management	M110	Ethnic, Cultural, and Gender Issues in America's Healthcare Systems	Undergraduate	4	(Same as Asian American Studies M161.) Lecture, three hours. Designed for juniors/seniors. Introduction to study of gender, ethnicity, and cultural diversity related to health status and healthcare delivery in U.S. Letter grading
Health Policy and Management	M168	Healthcare for American Indians	Undergraduate	4	(Same as American Indian Studies CM168.) Lecture, two hours; discussion, one hour. Identification of traditional health beliefs, health practices, and healthcare systems of American Indian tribes to understand role of U.S. government in healthcare services for Indian people. Description of health problems that have affected American Indian people and definition of contemporary health issues and measures taken to raise health status of American Indian people. Letter grading
Health Policy and Management	206	Healthcare for Vulnerable Populations	Graduate	4	Lecture, three hours. Overview of health services issues associated with organization, financing, and delivery of healthcare services to vulnerable populations within domestic and international contexts to gain understanding of social, political, economic, and cultural issues that lead to disparities in access, quality, and cost of healthcare services that lead to vulnerability for particular population groups. Introduction to strategies that have been adopted to address these health disparities. Analysis and development of policy and management options that serve needs of vulnerable populations within healthcare system. Letter grading

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Department	Course #	Course Title	Undergraduate or Graduate	Units	Description
Health Policy and Management	M274	Health Status and Health Behaviors of Racial and Ethnic Minority Populations	Graduate	4	(Same as Psychology M274.) Lecture, two hours; discussion, one hour. Limited to graduate students. Overview of physical and mental health behaviors and status of major racial/ethnic groups in U.S. Where appropriate, discussion of international issues as well. S/U or letter grading
Health Policy and Management	289	Healthcare Disparities	Graduate	4	Seminar, three hours. Limited to graduate students. Exploration of what constitutes and explains disparity in healthcare. Emphasis on understanding history of disparities in U.S. to understand current state of disparities, and on evaluating effectiveness of ongoing strategies to eliminate them, such as increasing insurance coverage and delivery of culturally competent healthcare. Examination of sociological models that explain disparities in healthcare and evaluation and expansion on these models. Letter grading
Public Health	53	Introduction to Health of Underserved and Linguistic Minority Communities	Undergraduate	4	Lecture, three hours. Population projections, population characteristics, birth rates and outcomes, causes of death and death rates, patterns of reportable diseases, services utilization, patterns of immigration, health insurance, provider training, risk behaviors, and chronic diseases in Latino and other underrepresented minority communities in Los Angeles County. Letter grading
Public Health	M106	Health in Chicano/Latino Population	Undergraduate	4	(Same as Chicana and Chicano Studies CM106.) Lecture, four hours; discussion, one hour. Designed for juniors/seniors. Examination of Chicano/Latino health status through life expectancy, causes of death, reportable diseases, services utilization, provider supply, and risk behaviors within demographic/immigration changes. Binational review of health effects in U.S. and Mexico. Letter grading
Public Health	53	Introduction to Health of Underserved and Linguistic Minority Communities	Undergraduate	4	Lecture, three hours. Population projections, population characteristics, birth rates and outcomes, causes of death and death rates, patterns of reportable diseases, services utilization, patterns of immigration, health insurance, provider training, risk behaviors, and chronic diseases in Latino and other underrepresented minority communities in Los Angeles County. Letter grading
Public Health	M106	Health in Chicano/Latino Population	Undergraduate	4	(Same as Chicana and Chicano Studies CM106.) Lecture, four hours; discussion, one hour. Designed for juniors/seniors. Examination of Chicano/Latino health status through life expectancy, causes of death, reportable diseases, services utilization, provider supply, and risk behaviors within demographic/immigration changes. Binational review of health effects in U.S. and Mexico. Letter grading

UCLA Jonathan and Karin Fielding School of Public Health: Tier 2: Diversity-related Courses

Department	Course #	Course Title	Undergraduate or Graduate	Units	Description
Community Health Sciences	60	Intergroup Dialogue: Peer Dialogue	Undergraduate	2	Seminar, two hours. Discussion on issues of difference, conflict, and community to facilitate understanding between social/cultural groups. Student participation in semi-structured face-to-face meetings with students from other social identity groups to learn from each others' perspectives, read and discuss relevant reading material, and explore their own and other groups' experiences in various social and institutional contexts. Exploration of ways of taking action to create change and bridge differences at interpersonal and social/community levels. P/NP or letter grading
Community Health Sciences	160	Intergroup Dialogue: Theory and Practice of Peer Facilitation	Undergraduate	4	Lecture, four hours. Recommended prerequisite: course 60. Discussion on issues of difference, conflict, and community to facilitate understanding between social/cultural groups. Peer facilitator training course to develop understanding of the theoretical and research foundations of intergroup dialogue, peer-facilitated discussions involving relationship building (and coalition building) through thoughtful engagement around different social identity issues. Study of variety of techniques, tools, and strategies to support students in their capacity to implement sustained dialogues with students from other social identity groups. Letter grading
Community Health Sciences	161	Intergroup Dialogue: Training Practicum	Undergraduate	4	Seminar, four hours. Enforced prerequisite: course 160. Application and further development of content and skills learned in course 160. Co-facilitation of weekly dialogues with students on specific identity theme and further development of knowledge and techniques in areas of group dynamics, conflict intervention, communication and community, and mental health effects of structural inequality as they relate to discussions of social justice and multicultural issues. Readings in these areas and discussions of ongoing dialogue dynamics. May be repeated once for credit. Letter grading
Community Health Sciences	132	Health, Disease, and Health Services in Latin America	Undergraduate	4	Lecture, four hours. Introduction to health, disease, and health services in Latin America, with emphasis on epidemiology, health administration, medical anthropology, and nutrition. P/NP or letter grading
Community Health Sciences	187A	Introduction to Interventions for At-Risk Populations	Undergraduate	4	Lecture, three hours; committee meetings/community service, two to six hours. Course 187A is requisite to 187B. Designed for juniors/seniors. Health and social needs/services from primarily public health perspective, drawing on related academic/professional disciplines. Community-based service learning strategy used to enhance knowledge of concepts covered. As part of service portion, students trained as caseworkers and committee members. Letter grading
Community Health Sciences	187B	Introduction to Interventions for At-Risk Populations	Undergraduate	4	Lecture, three hours; committee meetings/community service, two to six hours. Course 187A is requisite to 187B. Designed for juniors/seniors. Health and social needs/services from primarily public health perspective, drawing on related academic/professional disciplines. Community-based service learning strategy used to enhance knowledge of concepts covered. As part of service portion, students trained as caseworkers and committee members. Letter grading

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Department	Course #	Course Title	Undergraduate or Graduate	Units	Description
Community Health Sciences	M250	HIV/AIDS and Culture in Latin America	Graduate	4	(Same as Latin American Studies M262.) Seminar, three hours. Exploration of cultural, political, and public health context for people living with and at risk for HIV/AIDS and their families in Latin America. Public health aspects, including epidemiology, comorbidity concerns and community interventions, medical anthropological study of experience of those impacted, and grass-roots responses, as well as political/economic context addressing poverty and structural violence. Letter grading
Community Health Sciences	254	Intentional Disasters: War and Refugees	Graduate	2	Lecture, two hours. Recommended requisites: courses 211A, 211B, 295, Epidemiology 100, one survey methods course. Previous international experience strongly encouraged. Overview of intentional disasters, with focus on technically underdeveloped areas and consequent population migration. Principal focus on health consequences of these events and strategies to address health issues. Letter grading
Community Health Sciences	M260	Health and Culture in Americas	Graduate	4	(Same as Anthropology M266 and Latin American Studies M260.) Lecture, three hours. Recommended requisite: course 132. Health issues throughout Americas, especially indigenous/Mestizo Latin American populations. Holistic approach covering politics, economics, history, geography, human rights, maternal/child health, culture. Letter grading
Community Health Sciences	M264	Latin America: Traditional Medicine, Shamanism, and Folk Illness	Graduate	4	(Same as Anthropology M264 and Latin American Studies M264.) Lecture, three hours. Recommended preparation: course 132, bilingual English/Spanish skills. Examination of role of traditional medicine and shamanism in Latin America and exploration of how indigenous and mestizo groups diagnose and treat folk illness and Western-defined diseases with variety of health-seeking methods. Examination of art, music, and ritual and case examples of religion and healing practices via lecture, film, and audiotape. Letter grading
Community Health Sciences	427	Reproductive Health in Sub-Saharan Africa	Graduate	4	Lecture, four hours. Recommended requisite: course 247. In-depth understanding of reproductive health challenges facing sub-Saharan Africa and main programs designed to address them. Topics include family planning, STIs, abortion, adolescents, HIV/AIDS, and refugees. Letter grading
Community Health Sciences	447	Health and Social Context in Middle East	Graduate	4	Lecture, four hours. Recommended preparation: background in Islamic or Middle Eastern studies. Requisite: course 200 or 231 or 434A. Current health issues and problems of countries in Middle East and implications for socioeconomic development. Review of economic, demographic, and cultural variation of region to provide background for discussion of trends and patterns of health and nutritional status of population in area. Letter grading
Public Health	M151	Healthcare in Transitional Communities	Undergraduate	4	(Same as Sociology M142.) Lecture, three hours; discussion, one hour. Analysis of social, cultural, economic, and political processes affecting organization and accessibility of healthcare in transitional and disadvantaged communities. Fieldwork required. Letter grading

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Department	Course #	Course Title	Undergraduate or Graduate	Units	Description
Public Health	M160A	Health Outreach and Education for At-Risk Populations	Undergraduate	4	(Same as Medicine M160A.) Lecture, four hours; possible field observations. First in series of courses to explore prevention of disease in at-risk populations, clinical services and referrals for disadvantaged, and effects of low socioeconomic status on academic achievement, career, and family. Lectures by faculty and practitioners, with field visits. P/NP or letter grading
Public Health	M160B	Health Outreach and Education for At-Risk Populations	Undergraduate	4	(Same as Medicine M160B.) Lecture, two hours; discussion, two hours. Requisite: course M160A. Second in series of courses to explore prevention of disease in at-risk populations, clinical services and referrals for disadvantaged, and effects of low socioeconomic status on academic achievement, career, and family. Lectures by faculty and practitioners, discussion groups, and field activities including health education. P/NP or letter grading